

# February 2012



## Adult Day Health CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b>	<b>2</b>	<b>3</b>
		Cooking w/Fennetta February Trivia Armchair Exercise Manzanitas con Manzanitas Black History Month Discussion  <b>Lunch-Baked Cod</b>  Washer Toss Life Stories Trivia Dominoes-en espanol Shake, Rattle & Remember Visit to Oregon	Armchair Exercise Cooking w/Terri U.S. Presidents Trivia Groundhog Day Puzzles Music Appreciation w/Amy  <b>Lunch-Lasagna</b>  Craft w/Darcey Music w/Carol Prayer Circle Groundhog Day Discussion Unlock the Memories	Ring Toss Skip Bo Card Game Bell Choir Drama Club w/Aurelia Birds Category Game  <b>Lunch-Sloppy Joes</b>  Prayer Circle Sharpen Your Senses Friday Movie Six Card Bingo Craft w/Barb
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Armchair Exercise Cooking w/Maria Hat Chat Audience Participation Stories Music w/Muriel  <b>Lunch-Beef Pastie</b>  Gardening w/Terri Large Group Yahtzee Cuenta Melo! Scrabble Music Bingo	Ladder Ball Run for It! Dice Game Armchair Exercise Birds Trivia Art w/Lucy  <b>Lunch-Monterey Jack Chicken</b>  Sensory Kit Men's Group-Sports State Trivia Craft w/Maria Penny Ante	Spiritual Discussion Group Split Words Golf Putting Name 10 Music w/Cindy B.  <b>Lunch-Baked Ham</b>  Bell Choir Getting to Know You Game Armchair Exercise Bingo en espanol Dominoes	Prayer Circle Weight Lifting Can You List This? February Category Game Group Point Game  <b>Lunch-Cabbage Rolls</b>  Craft w/Darcey Name That Sound Art w/Lucy Front Porch Travels w/Amy Left, Right, Center Game	President Bingo Football Toss Bell Choir Floor Hockey Armchair Exercise  <b>Lunch-Taco Salad</b>  Prayer Circle Music w/Carol Presidents Wheel of Fortune Presidents Discussion Musical Hat
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Dice Toss Armchair Exercise Cross My Heart Puzzles Bell Choir Valentine Word Mining <b>Lunch-Chicken Cordon Bleu</b> Spiritual Discussion Group Cupid Bingo Dutch Shuffleboard Art w/Lucy Chocolate Discussion Group	Armchair Exercise Chocolate Chuckles Dart Practice Music w/Carol Racko <b>Lunch-Baked Pork</b> Heart Category Game Men's Group-Leatherwork Love Trivia Geography Games Paper Heart Sachet Craft	Cooking w/Fennetta Valentine's Day Trivia Garden Club Craft Discussion Group-en espanol Angel Category Game <b>Lunch-Chicken Fajitas</b> Weight Lifting Valentine Word Mining Fargo Dice Game Art w/Lucy Men's Group-Cars	Cooking w/Terri Cross My Heart Puzzles Family Feud Music w/The Hoffmans Checkers <b>Lunch-Florentine Ravioli</b> Paper Heart Sachet Craft Armchair Exercise Prayer Circle Cupid Bingo Name That Love Song	Discussion Group-Chocolate Bell Choir Drama Club w/Aurelia Jeopardy Valentine's Day Trivia <b>Lunch-Chef's Selection</b> Prayer Circle Love Trivia Washer Toss Black River School Visitors Guess the Animal
<b>VALENTINE'S WEEK</b>				
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>Presidents Day</b> Armchair Exercise Baking w/Maria-Cookies Venganza familiar Music w/Carol Presidents Wheel of Fortune  <b>Lunch-Meatloaf</b>  Gardening w/Terri Presidents Discussion Skip Bo-en espanol Front Porch Travels President Bingo	Mardi Gras Puzzles Weight Lifting Yes or No Bingo Mardi Gras Discussion Shake Awake Your Taste  <b>Lunch-Ciabatta Club</b>  Mardi Gras Category Game Poker Chip Toss Beanbag Twister Men's Group-Woodworking Craft w/Maria	Armchair Exercise Spiritual Discussion Group Dominoes U.S. Presidents Trivia Bell Choir  <b>Lunch-Chicken Alfredo</b>  Art w/Lucy Bunco-en espanol Presidential Trivia Scattagories Chicktionary	Prayer Circle Horseshoes Armchair Exercise February Trivia Music w/Muriel  <b>Lunch-BBQ Chicken Breast</b>  Craft w/Darcey Twister Trivia Large Group Yahtzee Art w/Lucy Front Porch Travels w/Amy	Academy Awards Trivia Golf Putting Bell Choir Music w/Mary VDL Set Game  <b>Lunch-Tilapia</b>  Prayer Circle Armchair Exercise Hat Chat Table Topics Bingo
<b>27</b>	<b>28</b>	<b>29</b>	<b>FEBRUARY DATES TO REMEMBER</b> <ul style="list-style-type: none"> <li>• Feb. 13-17 Valentine Week</li> <li>• Feb. 16 Music w/The Hoffman's</li> <li>• Feb. 17 Black River School Visitors</li> <li>• Feb. 20 President's Day</li> <li>• Feb. 24 Music w/Mary VDL</li> </ul> 	
Table Yahtzee Weight Lifting Birds Trivia Bell Choir Unlock the Memories  <b>Lunch-Chicken Stir Fry</b>  Spiritual Discussion Group Football Toss Sensory Kit Musico Sombrero Watering Can Board Game	Armchair Exercise Dutch Shuffleboard Name That Tune Group Points Game Art w/Lucy  <b>Lunch-Cobb Salad</b>  Dart Practice Family Feud Men's Group-Cars Sharpen Your Senses Bowling Pin Drop	Cooking w/Fennetta Bunco Armchair Exercise Music w/Carol Can You List This?  <b>Lunch-Turkey Burgers</b>  Bean Bag Golf Proverb Bingo Si o No Bingo Deal or No Deal Jeopardy		

