

## A Caregiver's Story

Peggy Vanden Heuvel started volunteering in Adult Day Health two days a week in July 2011. She remembers feeling unsure if she could be “helpful



enough to these special people.” Today she told me: “I like everything about being here!” Peggy enjoys helping others and doing the activities with participants and staff, and feels she is blessed every day she can come to Evergreen Commons.

*—As told to Evergreen Volunteer  
Coordinator Francie Talsma*